



Manifest  
Nirvana  
ASHRAM

CO-CREATING THE  
Third Attractor

EPISODE 6



**Daniela Bomatter**  
In dialog with



**Abhishek Thakore**

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S H O W N O T E S

## EPISODE KEY POINTS

- **Creating the Third Attractor: Integrating Spirituality, Technology, and Culture for a Harmonious Future**
- **A Vision for a Balanced Tomorrow**
- **Harmonizing Spirituality and Technology for a Better Society**
- **Paving the Way to a Unified Future**
- **Cultivating Consciousness for Societal Growth**
- **Bridging Tradition and Innovation for Change**
- **From Ego to Collective Evolution**

## EPISODE SUMMARY

Surveillance and anarchy are not the only futures awaiting us—there's a third possibility, a «third attractor,» that offers hope and balance. Join us as we explore this compelling vision with the thoughtful insights of Habishek and Daniela. Drawing inspiration from Daniel Schmartenberger, we delve into the necessity of spiritual development and ego transcendence as keys to manifesting a transformative reality, steering society away from polar extremes. Our conversation examines the subtle ways our egos can derail progress and how cultivating collective evolution can pave the way for a more harmonious world.

Engagement with societal challenges is where real change germinates—transcending isolated spiritual practices. We emphasize the importance of integrating spiritual engagement across all four quadrants of human experience. By fostering collective consciousness and engaging with differing developmental stages through respect and kindness, we can contribute to meaningful societal progress. Habishek and Daniela discuss how working together on a societal level, especially with young minds, can anchor new narratives and measurements that reflect inclusivity, sustainability, and entrepreneurial spirit.

Furthermore, we explore the potential of AI technology and economic paradigms in shaping a sustainable future. From the concept of a 'wise city' in Mumbai, to transitioning economic incentives towards sustainability, we dissect how small actions and strategic influence can lead to significant change. India's cultural spirit emerges as a beacon, integrating modernity and tradition, which could guide us toward a more coherent societal whole. As we lean into the future with authenticity and presence, we share a vision where cultural, technological, and spiritual elements unite to foster a harmonious and sustainable society.

## EPISODE CHAPTERS

- (0:00:12) - Creating the Third Attractor**
- (0:12:19) - Navigating Integral Development and Service**
- (0:23:14) - Creating Attraction With Integral Approach**
- (0:33:11) - Unlocking Change Through Small Actions**
- (0:37:08) - Transitioning Economic Thinking Towards Sustainability**
- (0:46:18) - Exploring India's Integral Cultural Spirit**
- (0:53:21) - Collective Evolution Through AI Technology**
- (1:08:25) - Embracing the Authentic Self**

## EPISODE CHAPTERS SUMMARIES

### **(0:00:12) - Creating the Third Attractor (12 Minutes)**

This chapter explores the concept of the third attractor, as defined by Daniel Schmartenberger, as a hopeful alternative to the dystopian outcomes of surveillance or anarchy. Habishek and Daniela discuss the potential of this third possibility to steer the world away from these polar extremes towards a more balanced and harmonious reality. The conversation emphasizes the importance of process and collective evolution, where even small interactions contribute to manifesting this new reality. The challenges posed by the ego and the phenomenon known as Moloch are identified as significant barriers to achieving this transformation. Habishek highlights the subtle ways in which the ego can derail genuine connection and creativity, stressing the need for vigilant, moment-to-moment awareness to transcend these obstacles. The chapter underscores the crucial role of spiritual development and ego transcendence in paving the way for the third attractor, urging individuals to move beyond their limitations and contribute to a collective shift in consciousness.

### **(0:12:19) - Navigating Integral Development and Service (11**

## **Minutes)**

This chapter focuses on the importance of integrating spiritual practice with societal engagement across all four quadrants of human experience. We explore how real change arises not from isolated spiritual practices but from engaging with society's challenges. Emphasizing service and collective action, the conversation highlights the need for a holistic approach that includes personal awakening and collective growth. The lower left quadrant, representing collective consciousness and societal narratives, is identified as the most challenging yet crucial area for development. By practicing intersubjective non-duality and fostering collective consciousness, individuals can elevate their state of being and contribute to broader societal transformation. We also touch on the importance of interacting across developmental stages with respect and kindness, acknowledging that everyone perceives their understanding as the ultimate truth. This holistic and inclusive approach is crucial for meaningful societal progress.

### **(0:23:14) - Creating Attraction With Integral Approach (10 Minutes)**

This chapter explores the concept of creating an integral conference that embraces diverse consciousness levels and the idea of building a 'wise city.' We discuss the importance of transcending and including existing frameworks, like the smart city concept, by adding elements of wisdom-well-being, inclusivity, sustainability, and entrepreneurial spirit. By illustrating our initiative in Mumbai, we outline how these values can manifest in a city context, creating a meta-framework that appeals to a broad range of interests. We highlight the need for everyone to see their interests reflected in this new attractor and discuss how engaging young people and establishing a wise city index can help anchor these ideals. The conversation emphasizes the power of changing measurement and narrative to create a more holistic and inclusive urban environment.

### **(0:33:11) - Unlocking Change Through Small Actions (4 Minutes)**

This chapter explores the dynamics of effecting change through strategic influence rather than large-scale systemic overhauls. We discuss the concept of finding key influencers, like a «wise builder,» who can set positive examples in industries such as construction to reduce air pollution in Mumbai. The idea is that by identifying and incentivizing a few individuals to adopt beneficial practices, these actions can ripple through the community and lead to broader improvements. We reflect on experiences from the Federal Office of Energy in Switzerland, where enthusiasm for sustainable projects sometimes fell short due to economic barriers, highlighting the challenge of balancing ethical motivations with financial realities.

**(0:37:08) - Transitioning Economic Thinking Towards Sustainability (9 Minutes)**

This chapter explores the intricate relationship between economic incentives and sustainable behavior, drawing on experiences from a car-sharing initiative in Switzerland and a voting awareness campaign in Mumbai. We discuss how economic benefits often drive people more than sustainability motives, despite the significant positive impact on the environment, as seen with car-sharing reducing private car usage. We highlight the challenge of changing the dominant economic narrative to prioritize sustainability, considering factors such as regional economic development, as in India, which is experiencing an economic rise. Additionally, we examine the broader implications of economic systems on societal behavior and the need for a new paradigm that addresses economic concerns while easing collective anxieties about survival and prosperity.

**(0:46:18) - Exploring India's Integral Cultural Spirit (7 Minutes)**

This chapter explores the intricate cultural fabric of Indian society, where the coexistence of modernity and tradition creates a unique tapestry. We reflect on the small yet significant gestures of generosity and graciousness that remain untouched despite societal changes. Through the lens of spirituality and moral perspectives, we consider how India

assimilates new influences while retaining its core cultural values. The discussion touches on the rich diversity within India, from tribal villages to urban technology hubs, highlighting the multiplicity of life experiences and moral spectrums. We contemplate India's role as a «third attractor,» integrating diverse energies and sacredness into a coherent whole, and envision a future where these cultural and spiritual elements shape a harmonious society.

**(0:53:21) - Collective Evolution Through AI Technology (15 Minutes)**

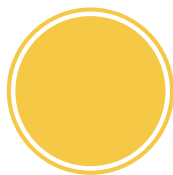
This chapter explores the concept of the «third attractor,» where a group of people transcends their egos to allow for intuitive and spontaneous actions that could propel humanity forward. We discuss the potential of technology, particularly AI, as a new collective organ that, if wielded by a conscientious group, could help humanity overcome its challenges. I share an optimistic vision where technology could solve ancient problems like coexistence, impacting our collective consciousness positively. We examine the idea that while AI is often seen as a tool for pattern recognition in fields like medicine, it might also hold promise for enhancing our collective sense of humanity and coexistence, particularly in the lower left quadrant of our shared experience.

**(1:08:25) - Embracing the Authentic Self (1 Minutes)**

This chapter explores the concept of moving beyond the ego to align with what we refer to as the authentic self. We discuss the importance of being open to life, responding with positivity that is inherent in the life process and the evolutionary impulse. By focusing our full attention and intention on the future from a non-egoic place, we allow this absolute positivity to guide us. The conversation emphasizes the significance of leaning into the future with authenticity and presence, creating a space for meaningful engagement with life. It was a joy to discuss these profound ideas and their impact on our journey.

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